Life Arts Mind Body Spirit Festival

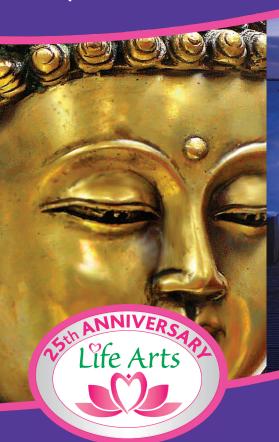
An experience to nourish your heart and soul

Woodbridge 22-23 April 2023 10am-5pm

WOODBRIDGE COMMUNITY HALL, STATION ROAD, SUFFOLK IP12 4AU

- Talks, Workshops & Demos
- Delicious Healthy Food
- Natural Body Products
- Crystals & Jewellery
- Spiritual Gifts & Art

- Taster Treatments
- Mindfulness
- Live Music
- Wellbeing Advice
- Readings



40+ Stands

FREE entry for under 16's



A Chris Cozens Event

Event info & advance tickets - www.lifearts.co.uk