

# Self Healing - Natural Energy Reiki Level One

01



Book your practical day by paying the deposit. You will receive an introductory email to arrange a time that is suitable of an online chat. After which, within a week, you will receive your pdf Reiki manual.

We book another chat to discuss the theory, ask any questions.

Four weeks before the practical day, pay the balance.

The practical days are held on Wednesday and Sunday once a month.

03



Attend the practical day, receive your personal sacred space spray AuraSpace for use on the 21 day cleanse.

Schedule video chat for after 21 days

Start the 21 day cleanse and journal

05



Have a video appointment assessment to review your 21 day cleanse. Your certificate is emailed as a pdf. Congratulations!!

02



04

