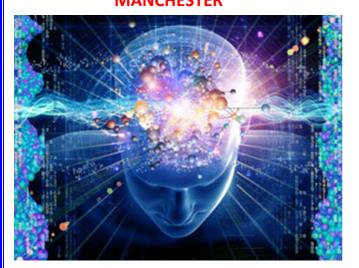
Tune In

Spiritual Mindfulness and Psychic Development

Two-Day Workshops MANCHESTER



Module 1: 04-05 May 2019 Module 2: Module 3:

Trace Robins *Dip Hyp*, *Dip RTh*, *Ct LBL*, *Dip Flp* www.lifecycletherapies.com

We are, each of us in essence psychic, able to tune into that which is generally unseen, unheard and unfelt. Everyone has had at least one unexplainable psychic or intensely spiritual event in their lives, something unexplainable yet profound. Perhaps they may have had an overwhelming knowing, were visited by a loved one who has passed on or smelt their perfume or aftershave, had a prolific dream to awaken and find out that it had occurred, or had an angelic visitor that left them white feathers. I have heard so many amazing stories and I can't wait to hear yours. We are energetic beings. We are soul energy having a human experience, not humans having an energetic experience. We are energy and everything is made up of energy. When we die our bodies are left behind and we return to our true energetic form. When we reincarnate our energy is downloaded into a new vessel, and it is because we are all energetic beings that we are able tune into anything, anywhere at any time.

What these courses cover

These courses offer an overview of the disciplines involved in working psychically and spiritually. They explore spiritual mindfulness and assist individuals to use their own energy to tune into their environment, just like tuning in a radio. It is in this tuning in that we are able to access unlimited information. These workshops start with the basics and build from there combining a mixture of talks, games, meditations and visualizations with the chance to practice and learn how to work with energy.

Three 2 day workshops (Mod1, Mod2 & Mod3) have been designed to cover the fundamentals of Tuning In, of learning to access your own psychic abilities from the essential basics through to being ready to accept messages and signs in your daily lives.

Module 1

- The importance of Protection and how to protect
- Energetic attachments
- Removing intrusive energy
- Cleansing our energetic field
- Energy projection
- Water readings
- Chakras
- Colour therapy

Module 2

- Working with the power of magnets
- Using our energy to provide us with answers by discovering & clearing trapped emotion
- Working with Pendulums
- IMR Ideomotor Response
- Muscle Testing
- Emotion Code
- Emo Trance

Module 3

- An Introduction to Hypnotherapy
- An Introduction to Past Life Regression
- Tuning into the Clair's Clairaudience, clairvoyance, clairsentience
- Penny Psychic Telling a psychic story
- Isometry
- Past and Future Lives
- Alien lives and other dimensions

These workshops offer a wonderful opportunity to learn about tuning into energy and exploring your psychic ability in a safe and fun environment.

Workshop Details

Times

Day 1 1000 - 1700 Day 2 1000 - 1700

Workshop Venue

Eccles, Greater Manchester

Places & Booking

Numbers are limited so please contact me to book your place at your earliest convenience. Introduce and bring along a friend/s and receive 10% per person off the cost of Module 1. 07 784 399 408

Price

The cost is £200 for each two day module. This includes a full colour manual, refreshments and morning and afternoon tea. You will however need to bring along your own lunch.

Payment

A non-refundable £50 deposit is required to secure your place with the balance due 21 days prior to the workshop.

By bank transfer to -

RBS Bank Miss Tracey Robins Account Number: 10326157 Sort Code: 16 33 22 Please ensure that your name is in the reference.

Please note, that the information in the modules has been designed to flow, starting with basics and moving forward from there. Please note therefore, that they need to be done in order.



'You can't go back to the start and make a new beginning, but you can start from now and make a new end' My name is Trace Robins. I was born in Melbourne, Australia and am privileged to have travelled widely but now call Manchester England my home.

From a young age I realised that I could see, feel and converse



with spirits. For a long time this scared me and I struggled for many years, until I joined a psychic development circle. Here I met people with similar interests and learned that there are many outlets for the psychically aware.

This was the beginning of my journey. From here I studied and practiced and learned as many skills as possible. I use my psychic abilities daily in all of my client sessions no matter what a client comes to see me for. The ability to tune in and to decipher what a person is not saying is as important as what is voiced.

Along with the therapy side of my business, I also run a psychic development circle, do house and building clearings, assist on channelling retreats and run Wiccan training. I feel truly blessed to be able to do this amazing work, I understand its power and I do my best to never take that for granted.

Perhaps this information has resonated with you and you feel drawn to come along, if so I really look forward to helping you add psychic awareness and mindfulness to your own journey no matter what stage you are at.

All training courses are accredited by the IPHM and a certificate will be awarded at the successful completion of all 3 modules.

