



This workshop is for you if you are ready to:

- ★ **Eliminate negative thinking**
- ★ **Heal the past and stop sabotaging your life**
- ★ **Have healthier relationships**
- ★ **Replace self-criticism with self-approval**
- ★ **Create a life you love**

This internationally acclaimed 2-day workshop, created by best-selling author Louise Hay (*You Can Heal Your Life*) is based on the Law of Attraction and aims at personal growth & self-healing. It teaches you how to re-programme your subconscious mind and eliminate negative self-beliefs while creating the life you love.

The weekend will stretch you, push you and pull you toward your highest good and best destiny. You will discover solutions for problems and challenges that you didn't even realise were holding you back!

Fee: £199 (workshops materials, morning and afternoon tea + follow up coaching session)

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Heal Your Life 
Transformational Workshops & Life Coaching
Based On the Philosophy of Louise Hay